

About Dan Prinsloo

Mr Dan Prinsloo is a Cosmetic and Reconstructive Plastic Surgeon serving North Staffordshire and Shropshire.

He first qualified in 1987 as a Medical Doctor at the University of Pretoria, South Africa, where he graduated as a Bachelor of Medicine/Bachelor of Surgery (MBChB). He was always interested in plastic and reconstructive surgery and had extensive exposure to surgical procedures even as a junior doctor. In 1989, he joined the extensive training programme in Plastic and Reconstructive Surgery at the University of Pretoria.

He qualified as a Plastic Surgeon in 1995 after completing his Master's degree in Plastic and Reconstructive Surgery (MMed Plast Surg). In the same year, he also achieved the distinction of becoming a fellow of the Royal College of Surgeons of South Africa (FCS Plast (SA)).

Further training and experience

Mr Prinsloo was appointed as Consultant Plastic Surgeon within the NHS in South Africa (Pretoria) in 1996. He decided to gain further specialised training and experience by undertaking fellowships in some of the best plastic surgery units in the world. He received further extensive training in Taipei (Taiwan), Tokyo (Japan) and Glasgow (Scotland). He then returned to South Africa to continue his work as a consultant within the NHS as well as working as a private Cosmetic Surgeon. He moved to the UK in 1998 and in 1999 was appointed as Consultant Plastic Surgeon within the NHS in North Staffordshire (Newcastle-under-Lyme) and Shropshire (Shrewsbury).

Expertise and special interests

Mr Prinsloo is an experienced breast surgeon and performs mainly reconstructive breast surgery within the NHS. He also provides a service in specialised head and neck skin cancer surgery, limb reconstruction and general plastic surgery. Mr. Prinsloo is a highly experienced Cosmetic Surgeon providing the full range of cosmetic procedures.

Mr. Dan Prinsloo



Areas of Expertise

Breast Surgery

- Breast Augmentation
- Breast Reduction
- Breast Uplift
- Breast Asymmetry
- Inverted Nipple Correction
- Breast Reconstruction

Body Contouring

- Tummy Tuck
- Mini Tummy Tuck
- Body Lift
- Liposuction

Facial Surgery

- Face/Neck Lift
- Mini Facelift
- Eyelid Reduction
- Eyebag Removal
- Ear Reshaping
- Nose Reshaping

Removal of Lesions

- Moles
- Cysts
- Lumps
- Scar Improvement

Cosmetic Surgery

to book your consultation call us on

0844 800 4480

or visit our website

www.prinsloo-surgery.co.uk

Consulting Rooms

Newcastle-under-Lyme
Shrewsbury

GMC Specialist Register

Member of BAPRAS

Member of BAAPS

DISCLAIMER:

This leaflet is provided for general information only and is not a substitute for a professional consultation with Mr. Prinsloo.

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DJ & A Prinsloo

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Cosmetic Surgery

CONSULTANT PLASTIC &
RECONSTRUCTIVE SURGEON

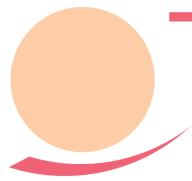
Mr. Dan Prinsloo

MBChB, MMed(Plast)/FCS(Plast)

www.prinsloo-surgery.co.uk



Eyelid Reduction



Eyelid Reduction

(Blepharoplasty – upper/lower)

Description

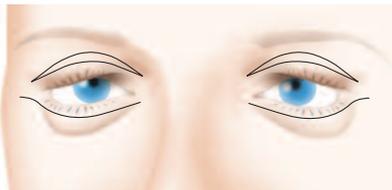
Eyebag removal or blepharoplasty refreshes the eyes by reducing puffy bags and excess folds of skin, creating a more youthful appearance.

Who are candidates?

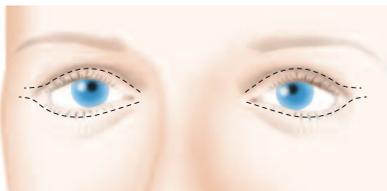
- People with development of loose folds of skin on the upper eyelids feeling heavy and interfering with their normal field of vision
- People with excess skin folds on the lower eyelids creating deepening creases
- People with prominent eyebags. The muscles under the skin of the eyelids will slacken, allowing the fat to bulge forward, giving the appearance of bagginess

How is it done?

Incisions will be made into the natural creases around your eyelids to remove the excess skin and/or fat. The skin is pulled tighter to give a fresher and more youthful appearance.



Incisions



Position of scars

Length of surgery

Upper eyelid surgery: 1 hour Lower eyelid surgery: 1 hour
Combined upper and lower eyelid surgery: 1½ - 2 hours

Hospital stay

Overnight stay

Anaesthesia

Usually performed under general anaesthetic. In some cases a local anaesthetic is possible.

Time to heal

- Tightness and discomfort for 1-2 weeks
- Sutures are removed after 1 week
- Difficulty to fully close the eyes during first 6-8 weeks
- Swelling and bruising may persist for 2-3 weeks
- Eyes will be watery and feel gritty for 2-3 weeks
- Back to work in 2-3 weeks
- Full recovery may take longer in people with sensitive or dry eyes.

Risks

Risks are rare but may include:

- Blurred vision, increased tear production, dry, gritty eyes and difficulty closing the eyelids
- Bleeding, infection, asymmetry of the eyes and risks associated with general anaesthetic (DVT, PE and chest infection)
- Ectropion (where the lower lid is slightly pulled away from the eye)
 - initially due to swelling
 - may rarely need further surgery
- Double vision
- Scarring - will fade over time
- Contact lens wearers may have to wear glasses after surgery for 4-6 weeks

Duration of results

Between 10-15 years, maybe affected by lifestyle factors and heredity.

Pro's

- Youthful appearance with minimal scarring
- If upper eyelid is interfering with vision, it should improve.
- May boost self-esteem
- Make-up can be used after the first week

Con's

- Cannot remove dark circles under the eyes
- Doesn't lift sagging eyebrows
- Doesn't remove crows feet
- May cause prolonged sensitivity of eyes in people with dry eyes.
- Doesn't remove malar pouches (cheek pads)

Answers to myths

- There is no age restriction to eyelid surgery
- Bagginess of eyelids may be hereditary



BEFORE: Blepharoplasty – upper/lower



AFTER: Blepharoplasty – upper/lower